

TWO MONTHS TO LIVE - Jan Marcussen (This story has been shortened)

Mr. Russell sat sprawled across Dr. Mitchell's desk bleeding from the nose and mouth. His surgeon had given him two months to live. He half sat and half lay there, crying: "I felt like crying too," Dr. Mitchell told me, as he related the incident. "The radiation and chemotherapy had caused him to bleed from the nose, mouth, and rectum. He was in a lot of pain".

The cancer had blocked his colon, and metastases permeated to the liver and kidneys. Surgery had unblocked the colon so that he could function for a while, but really, medical science gave him little hope. "I can't treat you anymore," the surgeon had told him. He let him know that he need not come back to see him. He could just go home and die in peace. No wonder he was crying.

"My father has colon cancer, " his son said. Then came the question from the trembling lips of a man who was being murdered from the inside – "Can you help me?"

From his busy schedule as a minister, his son, Pastor Russell, had brought his dad to a doctor whom he had only heard of by word of mouth. What butterflies were in his stomach as he drove through the busy traffic to the office in Orlando's east side. What thoughts and prayers were going through his own bosom as he talked with the doctor, as he looked down at that dear one in the chair – dying|

"Will you do exactly what I tell you," Dr. Mitchell asked? "I'll do anything" came the sob "Will you promise that you won't tell your Doctor?" "Yes"

There were good reasons for this last question. Number one, it's not "ethical" for one doctor to take over treatment from another unless the patient is referred. There was no referral. The surgeon had told him that he need not return; but, just the same – no referral.

In the final days, just before the end a visiting nurse may have come to try to help the helpless, teach the family good sanitation and make sure the right pills were given. These angels of mercy bring relief of pain, and sunshine into the homes of millions. But as far the head echelon of medicine at the hospital; was concerned he was given up to die. Mr. Russell was in his upper seventies. A younger man may have been treated longer.

However, the main reason Dr. Mitchell asked the question is that what he was about to do for the poor man was unethical as far as the A.M.A. and the State Medical Board were concerned. He could lose his license! Though modern medicine had given up on Mr. Russell, if a medical doctor used "unusual" procedures to try to save him – he would be "out". Whimsical treatments, diet or natural remedies, used by a professional, instead of the "accepted drugs", would be a bad example for the other M.D.'s, as well as a mockery to the profession. Thus the question, "Will you promise not to tell your doctor?"

The doctor gave him the treatment program, told him to go home, and return in one week. He would return once a week for three months. Mr. Russell went home and returned the next week.

He came into Dr. Mitchell's office, grabbed and hugged him. "I feel different," he said. "His pain has gone," Dr. Mitchell, said, "No depression. He was smiling." Every week he came back. At the end of three months Mr. Russell went to see his surgeon.

"Here I am," he said, walking into his office. "You're still alive," the surgeon blurted out.

He admitted him into the hospital, giving him the usual test – colon scope, scanning x-rays, etc. No cancer seen "I cannot believe this" the surgeon bleated. "I'm going to cut you open." "Go right ahead," Mr. Russell said. Concerning proof – the more the better.

He was admitted that day. The next morning he was cut open. The colon, liver, kidneys, and surrounding areas were checked. No cancer. The unconscious Mr. Russell was wheeled into the recovery room. After he was in his own room and alert, the surgeon came in to give the good news and talk with him before discharge. **No cancer was found.**

“It’s just a coincidence,” the surgeon said before releasing him to go home. – “Just a coincidence!”

THE PROGRAMME -

WEEK ONE	<p>Eat nothing but drink juice and distilled water. The kind of juice and when it is taken is very important. Only freshly juiced fruits and vegetables are to be used. Nothing canned or frozen. Only fresh carrots, celery, spinach, lemons, apples, grapes and a goodly variety of other vegetables and fruit juices. Only distilled water is to be used</p>
EACH DAY	<p>Every half hour during each of the following seven days, the patient is to drink. You are to eat nothing</p>
<p>First thing ½ hour later ½ hour later ½ hour later</p>	<p>Upon awakening, you are to take four ounces of carrot juice, Take 4 oz distilled water Take 4 oz lemon water Take 4 oz distilled water, etc All day during your waking hours, for seven days, this is to be continued.</p>
<p>Exercise Sunshine</p>	<p>You are given freedom to choose the kind of juices you want to drink, except that you are to have at least 30 oz of carrot juice each day. If water is to be added to the fruit juices, it has to be distilled water. A little salt may be added to the celery juice (if you are not a diabetic) No sugar in anything, but a little honey may be added to the lemon water</p> <p>Between drinking you are to get a little exercise, as you are able – walking in the sunshine, breathing deeply now and then. Sunshine an element of healing and life. Not too much, just enough as you walk each day. Some authorities say that light controls more of our body functions than anything else except food. It dilates blood vessels, increases circulation, ridding the body of toxins.</p>
Fresh air	<p>The body is a masterpiece of God’s creation. Made of muscle, bone, blood, and breath, it is built for performance. Many rust out from lack of exercise. Your health depends on it even while fighting cancer. While you are exercising you will receive fresh air, which is vital to life</p>
<p>Vitamins and Minerals</p>	<p>From the very first day Dr. Mitchell prescribed, Vitamins and Minerals each day</p> <p>400 international units of vitamin D 25 000 international units of vitamin A – (This would be too much for the normal, healthy person) 1400mg, /day of calcium 1000mg, /day of magnesium</p>
	<p>The doctor suggests you take a coffee enema each day, at least for the</p>

first week to help cleanse your colon. And take a shower several times a day.

YOUR MENTAL OUTLOOK is important Dr. Mitchell tells us to play hymns all day long in the background, (not jazzy hymns, or rock music with religious words, but uplifting, holy hymns by which to praise God}

- 1 Do not allow any negative thoughts of past, present, or future to stay in your mind. You are to think happy thankful thoughts. Educate your mind and lips to speak God's praise – continually. Doing this is very important for several reasons:
 - 2 The above frame is restful. Rest is one of the vital factors of health. Rest of body, rest of mind, rest of spirit is needed.
 - You must receive adequate time for sleep.
 - By developing a constant attitude of praise to God for your blessings, you receive rest of mind and spirit
2. This training your mind to constant praise develops in you faith- trust. Trust in Divine Power to heal you. To really know who you are in Christ go to www.christuslewe.co.za

Dr. Mitchell doesn't take credit for healing Mr. Russell, or any of the twenty-four people. He said that he knows that God did it. The doctor added, "Always smile and pray", Constant prayer with thanksgiving, is what will draw you close to God. You must be willing to fully trust and obey God. Your will must be totally surrendered your Creator, for His will to be done.

BEGINNING OF 2ND WEEK Start eating solid food soft at first: Apples, bananas, grapefruit, whole wheat bread, and cereals etc – a large variety of fruits, whole grains and vegetables is what Dr. Mitchell suggested. – Two meals a day no more and nothing between meals, except distilled water. Begin eating two meals a day – a vegetarian diet **with no meat**. No fish, no chicken, no lard, no grease, no tobacco, no alcohol, no cola drinks, no coffee, no tea, no refined flour, and no sugar.

In essence this is a scientific application of the eight natural remedies

- 1) **Diet** – vegetarian
- 2) **Exercise**
- 3) **Fresh Air**
- 4) **Abstemiousness** = to stay away from habits which destroy health such as eating and sleeping at irregular times, tobacco, caffeine, meat – dead carcasses with its saturated fat and cancer virus, refined sugar, refined flour which are depleted of nutrients and lead to disease, alcohol, harmful drugs)
- 5) **Sunshine**
- 6) **Rest** – spiritual, physical and mental each day and on God's seventh-day Sabbath of His Fourth Commandment
- 7) **Pure water** –inside & out we need plenty.
- 8) **Trust in Divine Power** – it brings rest of mind, power to obey God, peace of mind as you know that God has forgiven your sins, and sweet sleep at night

It comes to you the more you study God's word, talk to Him in prayer, and share His love with others, it's possessor is kind to others, humble and unselfish He walks and talks all day with the lovely Jesus. For such a person heaven has already begun, for he has heaven in his heart.

Dr. Mitchell told me that at the end of the treatment of his patients "were vegetarians I told them "If you want to get cancer again, go back to the way you were eating before. Poor Mr. Russell did go back to his old way according to Dr. Mitchell. And he did get cancer again. This time it was lung cancer six months ago. The doctor wanted to give him the chemotherapy and radiation again.

"No thanks" he said. He went back to the diet and was cured of cancer the second time. I don't think that anyone has ever experienced it twice and lived. Mr. Russell is now eighty-four,

Does this treatment program work for any type of cancer. Yes and it works for heart disease and high blood pressure too.

God does the healing. If a person does not follow the program exactly, it doesn't work

One day I asked a doctor in a hospital cafeteria if he could tell me if there were one or two main causes of most of the people being patients there. I was amazed at what he said.

If people here would **QUIT SMOKING AND DRINKING**, nine tenths of these patients wouldn't be here," he said.

A NOTE ON PROSTATE CANCER; - Hormone therapy such as Lupron, they have awful side effects. These things are used frequently for people with prostate cancer. "I have a friend with prostate cancer. He told me that all the people he knows who have this cancer, took the well established treatments – such as hormone therapy, radiation etc. – " they are all dead except me." "He was the only one who followed a total health plan of God's natural remedies, including certain herbs like saw palmetto, and coral calcium (containing 72 trace elements. His blood level count is holding steady and he is praising God." said Dr. Lorraine Day who used the above program to cure her breast cancer. Dr. Day had this to say: "It is hard for the average person to believe that such complex and life threatening disease like cancer can be reversed by such simple techniques. But as simple as they may seem, they are also difficult because they require a change in the way you live."

God's eight natural remedies that He gave to His people to help them not to get sick in the first place, and which God uses to get well are beautiful. They cannot be improved upon. To obey them is health and happiness, even in this evil generation. To disobey them leads to death. God Himself has given them in His testimonies.

They will help a person stand through the crises just ahead of us. With a clear mind, a strong body, a cheerful heart – obeying the health laws of the Almighty God – you will stand.

Pastor Jan Marcussen's small booklet "Two Months to live" you may write to: P.O. Box 68, Thompsonville, IL 62980. Phone 618627-2357 – Website: WBNS.US

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